

el Periòdic News

THE TRIBUNE

Growing slowly: Patience, discipline and perseverance as essential ingredients for success in life

MARTA
AMBOR



In recent years, we have observed the worrying trend of immediacy in the acquisition of anything and this has become a dominant feature of our society, without taking into account the processes and efforts required to achieve it.

This behavior has been influenced by technological development and excessive consumerism. With the emergence of online shopping platforms, fast delivery services and apps to get services immediately, we have lost patience and the ability to wait.

This trend has also infiltrated the world of studies. Many young people, instead of following a full academic training, choose to do technical training or fast courses that promise them immediate financial income without having to go

through a long and complicated process like that of higher studies.

Having coffee with a friend the other day, we had an interesting conversation about the importance of higher education, beyond academic knowledge. We are talking about a stage of young people's maturity where it is important to internalize values such as perseverance, discipline and responsibility that forces them to face difficulties and be more efficient in different areas of life.

Perseverance and discipline help us stay focused and motivated despite difficulties. It also allows us to organize our time and work systematically, improving academic performance and our efficiency in other areas of life. Responsibility in studies teaches us to take on our tasks and commitments.

Long study hours, team work and academic challenges force you to



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us to stay up to date on current issues and adapt to changes in the working and social world.

Higher education is not only important for acquiring academic knowledge, but also for developing essential life values such as perseverance, discipline and responsibility. Long study hours, team work and academic challenges require hard work and

work hard and overcome obstacles to face life's challenges. In addition, interaction with teachers and other students exposes us to diverse perspectives and enriches us as people and develops analytical

and critical skills.

Throughout life, training is a process that must be continuous. Self-learning, courses, workshops and seminars, as well as work experience and personal relationships will allow

overcoming obstacles, and this overcoming experience prepares a person to face life's challenges and forge a well-furnished head that helps to grow as an individual and to achieve success in all his purposes. ●

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SOCIETY

She denounces the treatment his mother received in the Hospital's Emergency Department

The 88-year-old woman was taken by ambulance due to stomach problems

EL PERIÒDIC
ESCALDES-ENGORDANY

A resident (M.E.P.G.) denounces the treatment received at Hospital Nostra Senyora de Meritxell when they went to the Emergency Department with her 88-year-old mother (C.G.A.) last Sunday, May 26th. After lunch, after 4:00 p.m., the woman began to feel unwell with severe abdominal pain, which is why they called an ambulance.

The daughter explains that the old woman threw up in the waiting room while waiting for the taxi and no one came to help her

ce. Although the ambulance took her quickly to the Hospital and it seemed that there were not many people, the situation resulted in an episode that the daughter describes as «disastrous».

According to M.E.P.G., when she arrived at the hospital, they made her stay outside and did not provide her with any information about her mother's condition. After a while, and after asking, they let her into the box where her mother was. Inside the box, she found her mother dressed and lying on the bed, who told her that they had only checked her vital signs. The surprise was greater when she saw that her mother was wearing the emergency admission bracelet on her hand without having been fitted. When she



Archive image of the Hospital Nostra Senyora de Meritxell.

asked a nurse, she told her that she had to put it on herself.

The situation worsened when the old woman asked for a bedpan to relieve herself. They put the bedpan on her but left her there with her pants down and not covering her properly. The daughter had to ask to be covered, and they left a folded sheet over her legs without even spreading it, a situation that the daughter describes as «shameful and not at all normal». When the bedpan was finally removed, the contents fell out, wetting the entire bed. After a while, the woman had to ask for the bedpan again, but no one would remove it. Finally, it was the daughter who had to remove it, leaving her mother in a humiliating situation with a strong smell, while nurses and assistants came in and out and



M.E.P.G.

RESIDENT

«I ask decent care be guaranteed for all people, regardless of their age»

«none of the Hospital workers took away the bedpan that was in a visible place».

When it seemed that the situation could not get any worse, it was time to discharge. At 9.20 pm, after about four hours in the Hospital, she was discharged, but the story did not end there. While they were waiting

for a taxi in the waiting room, the old woman threw up and no one came to help her. The daughter alerted the staff, but she was only given paper and told that if it happened again, there was more paper in the toilet.

With all this situation, the daughter expresses a deep feeling of helplessness due to the situation experienced and complains that the treatment received suggests a lack of respect for the elderly. She assures that on other occasions they had always received excellent treatment at the Hospital, but this latest experience has been disappointing. With its public complaint through this medium, M.E.P.G. asks that this situation not be repeated and «that decent care is guaranteed for all people, regardless of their age». ●